

Recovery Support Services Resource Directory 2020-2021

A publication of the

RECOVERY SUPPORT SERVICES PROGRAMS (YRCS/RSS)



WHERE PEERS HELP PEERS

Table of Contents

Counseling Agencies

Advanced Center for Wellness (ACW).....	1
City of Laredo Health Department Seymour Office (also provides treatment).....	2
La Familia Consulting and Counseling Services (also provides treatment).....	2
Laredo Counseling Services, Inc.....	3
Lisa Martinez Counseling Center.....	3
Psychotherapy & Counseling Associate.....	4
Recovery Behavioral Program Counseling Services.....	5
Rolando X. Rodriguez, MD.....	5
Texas A&M International University (TAMIU).....	6

Substance Abuse Services Agencies/Organizations

AAMA: Concilio Hispano Libre.....	7
A New Horizon Anger Management & Therapy.....	7
Customs and Border Protection.....	8
Gregory's Driving School, Inc.....	8
Laredo Police Department.....	9
Laredoans against Drunk Driving (LADD).....	10
LifeSafer (Ignition Interlock and Home Device Services).....	10
PILLAR.....	10
Serving Children and Adults in Need (SCAN) <u>SCAN's Substance Abuse Treatment Services</u>	
Youth Recovery Home Residential Treatment for Male Youth	11
Esperanza Recovery Home Residential Treatment for Female Youth	12
STAND Outpatient Treatment for Male and Female Youth.....	13
<i>Serenidad</i> Recovery Home: Residential Treatment for Adult Females.....	13
<i>Serenidad</i> Recovery Home: Residential Treatment for Adult Males.....	14
Healthy Border Initiative Project/Adult Outpatient Treatment Program.....	15
Healthy Border Initiative Project/Specialized Female Outpatient Program...	15
Case Management for Co-Occurring Disorders (COPSD Program).....	16

SCAN's Substance Abuse Prevention Services

Alcohol Education Program for Minors (Minor in Possession)	17
Futuros Con Promesa (Futures with Promise) Drug Prevention Program.....	18
Futuros Positivos (Positive Futures) Drug Prevention Program.....	18
Futuros Saludables (Healthy Futures) Drug Prevention Program.....	19
South Texas Prevention Navigation Program.....	19

SCAN's Substance Abuse Intervention Services

F.A.Y.S. Program.....	20
Project Hopes.....	21

SCAN's Trauma and Resilience Services

Sexual Assault Services and Information Program.....	21
ARCO IRIS Transitional Living Program for Homeless Youth.....	22
Border Traumatic Stress Response Center.....	22
Border Project LAUNCH.....	23

SCAN's Recovery Support Services

Youth Recovery Community Services.....	24
Todo es Posible Recovery Support Services (RSS) Program.....	25

Twelve (12) Step Programs

AA Gratitude Group.....	25
AA Grupo 17 de Febrero.....	26
AA Grupo Dos Laredos.....	26
AA Grupo Nueva Vida.....	27
Al-Anon Serenity Group.....	27
Cocaine Anonymous.....	27
Primary Purpose CA group	28
Oasis of Love-Drug & Alcohol Support Group.....	28

Other Counseling and Support Services

Webb County Sheriff's Office/Community Affairs Division.....	29
Webb County Community Coalition.....	29

Faith Based

Calvary Center.....	30
---------------------	----

High Schools & Universities

Laredo Independent School District (LISD).....	30
Texas A&M International University (TAMIU).....	31
United Independent School District (UISD).....	31

Miscellaneous Programs

Bethany House of Laredo.....	32
Border Region Behavioral Health Center.....	32
Casa De Misericordia.....	33
Catholic Social Services.....	33
Christ Church Episcopal.....	33
City of Laredo Health Department.....	34
City of Laredo Public Library.....	34
Communities in Schools.....	35
Gateway Academy – Sierra Vista Charter H.S.	35
Gateway Academy – Townlake Charter H.S.	35
Gateway Community Health Center.....	36
Goodwill Industries.....	36
Mercy Ministries of Laredo.....	37
Premier High School of Laredo.....	37
Salvation Army.....	38
Workforce Solutions of South Texas.....	38

COUNSELING AGENCIES

ADVANCED CENTER FOR WELLNESS (ACW)

6801 McPherson Rd., Ste 213, Laredo, TX 78041

Contact: Jose A. Gonzalez
Office: 956.727.6016
Fax: 956.726.8841
E-mail: jg71967@yahoo.com
acwlaredo@yahoo.com

Website:
www.joseagonzalezmhprofessional.com
www.advancedcenterforwellness.com

Office Hours:

Mon.-Fri. 9:00 a.m.-6:00 p.m.

Services Provided:

Individual, marriage, couples, or relationship counseling; family therapy; group therapy; mediation; consultation; alcohol and drug abuse counseling; mental health evaluations; interventions for depression and anxiety; anger management; services for children (4-10), preadolescents (11-13), adolescents/teenagers (14-19), adults, and elders (65+).

Credentials:

Licensed Professional Counselor (LPC); Licensed Chemical Dependency Counselor (LCDC); Certified Relationship Specialist (CRS); Certified Anger Resolution Therapist (CART); Certified and Registered Hypnotherapist (CRHT)

Fees:

First visit \$140

\$70 hour

We are part of most insurance networks, providers for Home Land Security, and most EAPs in the region.

CITY OF LAREDO HEALTH DEPARTMENT

Erasing Barriers – Integrated Behavioral Health & Prevention Services

1403 N. Seymour Ave., Laredo, TX 78040

Office: 956.722.3651
Fax: 956.722.3523
Website: www.ci.laredo.tx.us/health

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Case management; mental health counseling; group counseling (various topics), substance abuse treatment, HIV screenings and treatment options; hepatitis A,B & C screenings, hepatitis A & B vaccinations; hepatitis C treatment referrals; on-site health educators.

Credentials:

Licensed Professional Counselors (LPC/LPC-Intern); Licensed Chemical Dependency Counselors (LCDC)

Fees:

None

LA FAMILIA CONSULTING AND COUNSELING SERVICES

1319 Corpus Christi St., Ste. 1, Laredo, TX 78040

Contact: Jesse Gerardo Hernandez
MA, LPC, LCDC
Office: 956.795.0948
E-mail: lafamilia@bizlaredo.rr.com
Crisis/After Hours: 956.337.7551

Office Hours:

Tues.-Thurs. 8:00 a.m.-7:30 p.m.

Fri. 9:00 a.m.-7:15 p.m. (By appointment only)

Services Provided:

(Children, adolescents, and adults)-professional counseling, family counseling, marital counseling, individual counseling, chemical dependency counseling, co-

occurring psychiatric and substance abuse services, EAP services, program development, training, and community presentations.

Credentials:

Licensed Professional Counselor (LPC); Board Approved Supervisor; Licensed Chemical Dependency Counselor (LCDC)

Fees:

Private Pay (\$75 - \$100 hour) (\$200 weekly)

LAREDO COUNSELING SERVICES, INC.

2315 E. Saunders St., Ste. 2, Laredo, TX 78041

Contact: Adriana Craddock, M.A.,
LPC, LPA, LCDC, LBSW-IPR
Office: 956.729.1991

Office Hours:

Mon.-Sat. (By appointment only)

Services Provided:

Individual Counseling (children, adolescents, and adults), family counseling, and substance abuse counseling (adolescents and adults).

Credentials:

Master of Arts in Counseling Psychology; Licensed Professional Counselor (LPC); Licensed Psychological Associate (LPA); Licensed Chemical Dependency Counselor (LCDC); National Certified Counselor (NCC); Licensed Baccalaureate Social Worker-Independent Practice Recognition (LBSW-IPR)

Fees:

Private payment arrangements (sliding scale as needed)

LISA MARTINEZ COUNSELING CENTER

6108 McPherson Rd., Suite 3, Laredo, TX 78041

Contact: Lisa Martinez
Office: 956.724.4357
E-mail:

lisamartinezcounselingcenter@gmail.com

Office Hours:

Mon.-Fri. 8:00 a.m.-6:00 p.m.

Supervised Visitations:

Mon.-Sat. 8:00 a.m.-8:00 p.m.

Services Provided:

Counseling services for children, adolescents, adults, marriages, families, foster children, and professional presentations. Treatment services for depression, anxiety, ADD/ADHD, conduct disorders, adjustment disorders, and parent-child relational problems. Supervised Visitations Services provided for families that require monitored visits, observations & supervised visitations for children in TDFPS custody who are visiting parents.

Credentials:

Licensed Professional Counselor (LPC); Board Certified Professional Counselor; Certified Nurturing Parenting Skills Trainer

Fees:

Set rate

Medicaid accepted

Most private insurance accepted

PSYCHOTHERAPY & COUNSELING ASSOCIATE

1115 Chihuahua St., Ste. A, Laredo, TX 78040

Contact: Dr. Henry Carranza

Office: 956.796.9335

E-mail: carranzahen@yahoo.com

Fax: 956.727.0774

Office Hours:

Tue.-Fri. 8:30 a.m.-5:00 p.m.; Sat. 10:30 a.m.-4:30 p.m.

Services Provided:

Psychotherapy, counseling, hypnosis, substance abuse and relaxation therapy for children, adolescents, adults, and geriatric individuals

Credentials:

Dr. Henry Carranza, PhD. In Psychology; Licensed Professional Counselor (LPC)

Fees:

Medicaid and Chip accepted

Private pay arrangements available

RECOVERY BEHAVIORAL PROGRAM COUNSELING SERVICES

620 Corpus Christi St. Ste. A, Laredo, TX 78040

Contact: Cindy Martinez
Office: 956.568.5464.
Cellular: 956.286.0997
Fax: 877.518.7853
E-mail:
rbpcounselingservices@yahoo.com

Office Hours:

Mon.-Fri. 5:30p.-9:00p.m.

Sat. 8 a.m.-1 p.m. (Individual/Group Sessions)

Other office hours available for different services (By appointment only)

Services Provided:

Sessions given include parenting classes (10 sessions), anger management (26 sessions), anger resolution therapy sessions (11 sessions), domestic violence session/Stop the Violence Program (26 sessions), relapse prevention group sessions. Also offer DWI education classes, Bridging the Gap VIP classes, DWI intervention program, Drug Offender Education Program (DEOP), drug and alcohol testing, and cognitive & life skills therapy sessions. Anti-Theft Course, social studies review, and substance abuse assessment.

Credentials:

Licensed Chemical Dependency Counselors (LCDC); Certified Parenting Skills Trainer; Certified Domestic Violence Trainer; Certified DWI Education and Intervention Program Instructor; Certified Drug Offender Education Program Instructor; Certified Anger Resolution Therapy Counselor

Fees:

Varies

ROLANDO X. RODRIGUEZ, MD

1319 Corpus Christi St. Ste. 2, Laredo, TX 78040

Contact: Rolando X. Rodriguez, MD
Office: 956.236.4735
Crisis/after hours: same

Office Hours:

Afternoon and evening by appointment only

Services Provided:

Evaluation and treatment of substance abuse & psychiatric conditions, learning problems, ADHD, anger management, depression & psychiatric cocaine abuse, and heroin detox. Services available for children and adults. Prescribes medication for treatment. Provides services for mental health.

Credentials:

Licensed Medical Doctor (MD), Psychiatrist

Fees:

Cash only

TEXAS A&M INTERNATIONAL UNIVERSITY (TAMU)

Community Counseling Center

5201 University Blvd., Billy Cowart Hall Room 213, Laredo, TX 78041

Contact: Dr. Adriana Blasco-Rubio,
Center Director
Office: 956.326.3120
Fax: 956-326-3118
E-mail: counseling@tamiu.edu

Office Hours:

Monday through Friday. Hours vary by semester. By appointment only. Phone screening required prior to any appointment.

Services Offered:

Individual Counseling (Adults, Adolescents, Children 6+ years of age),
Psychoeducational Workshops, Psychoeducational Groups, Referrals

Issues Addressed:

Career/Life Decisions, Feelings of Sadness, Anger or Fear, Relocation, Bicultural Conflict, Feeling Overwhelmed, Stress, Indecisiveness, Lack of Direction, etc.

Credentials:

Graduate student interns in the Master of Arts in Counseling Psychology Program provide counseling services under direct supervision of licensed clinical psychologists and licensed professional counselors

Fees:

None

SUBSTANCE ABUSE SERVICES AGENCIES/ ORGANIZATIONS

AAMA: Concilio Hispano Libre

1205 East Hillside Rd Ste. B. Laredo, TX 78041

Contact: Helen Stillman BS, LCDC
Office: 956.728.0440
Email: hstillman@aama.org
Crisis/after hours: 1.800.643.1102

Office Hours:

Monday thru Friday: 7:00 a.m.-5:00 p.m.

Services Provided:

(Adults with heroin addiction)- Methadone Maintenance and Professional Counseling: Family Counseling, Individual Counseling, Chemical Dependency Counseling, Group Counseling, and Community Presentations.

Credentials:

Licensed Chemical Dependency Counselor (LCDC)

Fees:

UTSA/TX MOUD

A New Horizon Anger Management & Therapy

3440 N. Buena Vista Ave., Laredo TX 78040

Contact: Luz Maria Reyes, BS, MSC,
CART
Office: 956.740.0796

E-mail: reyesluz86@yahoo.com

Office Hours:

Mon.-Fri. 10:00 a.m.-10:00 p.m.

Services Provided:

Anger management classes, Anti-theft classes, Domestic Violence classes, DWI Intervention classes (second offense), Drug Offenders classes in Laredo, Texas and surrounding areas.

Credentials:

BS, MSC, CART

Fees:

Varies

CUSTOMS and BORDER PROTECTION

U.S. BORDER PATROL LAREDO SECTOR

207 W. Del Mar Blvd., Laredo, TX 78041

Contact: Sara Melendez, CBP, PAO

Office: 956.764.3349

E-mail: sara.melendez@dhs.gov

Contact: LRT Border Community
Liaison

Mobile App: USBPLaredoSector

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Presentations on alcohol, drugs and tobacco for the community and schools.
Please call 1.800.343.1994 to report any suspicious activity in the community.

Credentials:

U.S. Customs and Border Protection Agents

Fees:

None

GREGORY'S DRIVING SCHOOL, INC.

4217 Marcella Ave., Laredo, TX 78041

Contact: Mary Gregory Fox
Office: 956.722.6151
Email: gregorysdriving@gmail.com

Office Hours:

Mon.-Fri. 8:00 a.m.-8:00 p.m.

Sat. 8:00 a.m.-2:00 p.m.

Sunday: By Appointment Only

Services Provided:

Drug & alcohol awareness program (DADAP), TABC: alcohol seller/server course, TABC: tobacco seller course, teen & adult driver education, motorcycle safety course (gear provided), and driver's test for teens only. Stat Testing.

Credentials:

Program approved by the Texas Education Agency

Fees:

\$85: Drug & Alcohol Awareness Program (DAP)

\$25: Alcohol Seller/Server Course

\$10 Tobacco Seller Course

\$235: Motorcycle Safety Course (3 day course)

LAREDO POLICE DEPARTMENT

1102 Bob Bullock Loop, Laredo, TX 78043

Contact: Sgt. Robert Medina
Cell: 956.763.2486

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Community Relations Unit Officers (C.R.U.) give presentations dealing with alcohol and drugs to elementary, middle and high schools. LPD McGruff the Crime Dog visits school and community events to promote drug awareness and prevention.

Credentials:

Laredo Police Department Offices

Fees:

None

LAREDOANS AGAINST DRUNK DRIVING (LADD)

Operate from Home

Contact: Elizabeth Alonzo-Villarreal,
LADD President
Office: 956.740.3233
E-mail: contactladd@gmail.com
Web Site:
www.supportladd.org

Office Hours:

N/A

Services Provided:

Free “How Tomorrow Never Came,” which is a true story of the dangers of drinking and driving. Presentations are done at schools, courtrooms, safety awareness fairs, and any other place where presentations are needed. This presentation is geared to place a seed of hope in making good choices if alcohol is involved.

Credentials:

None

Fees:

None

LifeSAFER (IGNITION INTERLOCK AND HOME DEVICE SERVICES)

620 Corpus Christi St. Ste. 2, Laredo, TX 78040

Call Center: 1.800.634.3077
Office: 956.568.5464
Cell: 956.286.0997
E-mail:
rbpcounselingservices@yahoo.com

Office Hours:

By appointment/Walk-ins Accepted

Services Provided:

Installation of a LifeSafer Mobile Monitor Units and Home Devices

Credentials:

Certified Service Providers; Certified Technicians

Fees:

\$59.01 (plus-tax) Monthly Service for Ignition Interlock or Home Device

\$0 Installation

PILLAR

1403 North Seymour Ave., Laredo, TX 78040

Contact: Manuel Sanchez

Office: 956.723.7457

E-mail: info@pillarstrong.org

Office Hours:

Mon.-Fri. 9:00 a.m.-6:00 p.m.

Sat. 10:00 a.m.-2:00 p.m.

Services Provided:

Individual and group counseling sessions; 24-hour crisis helpline; workshops/ presentations at schools to create awareness and help reduce the incidence and negative emotional impact of bullying, suicide and stigma/discrimination as well as other underlying factors typically associated with these issues like illegal drug use/abuse, domestic violence, etc.; resource center where youth and families can have access to a large volume of books and videos on the topics addressed at our organization; HIV and Syphilis testing.

Credentials:

LCDC, LPC, CI

Fees:

\$35 Registration (covers 7 sessions)

SERVING CHILDREN AND ADULTS IN NEED (SCAN)**SCAN'S Substance Abuse Treatment Services:****Youth Recovery Home Residential Treatment for Male Youth**

402 Riverhill Loop, Laredo, TX 78046

Contact: Celica Mireles, LCDC
Program Director
Office: 956.723.0200
Cell: 956.290.4503
Website: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Comprehensive residential substance use disorder and trauma treatment services for adolescent males including individual, group, family, and action-orientated counseling; academic training; drug and alcohol education; coping skills training; HIV/AIDS education; and relapse prevention education.

Credentials:

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

Fees:

No fees if medically indigent; Medicaid accepted

Esperanza Recovery Home Residential Treatment for Female Youth

1901 La Pita Mangana Rd., Laredo, TX 78046

Contact: Marta Lopez, LCDC
Program Director
Office: 956.712.3709
Website: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Comprehensive residential substance use disorder and trauma treatment services for adolescent females including individual, group, family, and action-oriented

counseling; academic training; drug and alcohol education; coping skills training; HIV/AIDS education; relapse prevention education.

Credentials:

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

Fees:

No fees if medically indigent; Medicaid accepted

STAND Outpatient Program for Male and Female Youth

1702 Hendricks Ave., Laredo, TX 78040

Contact: Brenda Rodriguez, LCDC
Program Director
Office: 956-568-7105
Website: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 am p.m.- 5:30 p.m.

Services Provided:

Outpatient substance use disorder treatment services for male and female youth ages of 13 to 17 in Webb, Zapata, Starr, and Cameron counties. Provides individual, group and family counseling, case management, drug and alcohol education, HIV/AIDS education, experiential exercises, relapse prevention education and linkage to Peer Recovery Services.

Credentials:

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

Fees:

No fees if medically indigent; Medicaid accepted

Serenidad Recovery Home: Residential Treatment for Adult Females

Residential Treatment Facility

1605 Saldana Ave., Laredo, TX 78041

Contact: Joyce Roque, LCDC, LPC-Intern
Program Director
Office: 956.791.7800
Website: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Provides residential treatment services to medically indigent adult women with substance abuse and dependence problems. Services include individual, group, and family counseling; alcohol and drug education; HIV prevention education; case management; play therapy; and family activities.

Credentials:

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

Fees:

No fees if medically indigent; Medicaid accepted

Serenidad Recovery Home: Residential Treatment for Adult Males
Residential Treatment Facility

1605 Saldana Ave., Laredo, TX 78041

Contact: Anahi Ruiz, LCDC
Program Coordinator
Office: 956.728.9131
Website: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Provides residential treatment service to medically indigent adult men with substance abuse and dependence problems. Services include individual, group and family counseling; alcohol and drug education; HIV prevention education; case management; and referral services.

Credentials:

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

Fees:

No fees if medically indigent; Medicaid accepted

Healthy Border Initiative Project/Adult Outpatient Treatment Program

1605 Saldana Ave., Laredo, TX 78041

Contact: Gabriela Perez, LPC-S, LCDC
Program Director

Office: 956.724.3177

Website: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Outpatient substance use disorder treatment services for male and female adults 18 years or older available in Webb county. The program provides individual, group and family counseling as well as links to in-house and community-based support groups. For those participants who have other mental health needs, case management and integrated mental health services are available to link these men and women to mental health treatment. Services also focus on reducing the risk of contracting HIV, Hepatitis and other diseases.

Credentials:

Licensed Chemical Dependency Counselor (LCDC), [Licensed Professional Counselors \(LPC\)](#), and Counselor Interns

Fees:

No fees if medically indigent; Medicaid accepted

Healthy Border Initiative Project/Specialized Female Outpatient Program

1605 Saldana Ave., Laredo, TX 78041

Contact: Gabriela Perez, LPC-S, LCDC
Program Director

Office: 956-724.3177
Website: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Provides trauma-informed and gender-specific substance use disorder outpatient treatment services for adult women. The program addresses the impact of trauma that women usually experience, especially sexual and domestic violence. Services also focus on parenting, relationships and reproductive health as well as reducing the risk of contracting HIV, Hepatitis and other diseases. The program provides individual, group and family counseling as well as links to in-house and community-based support groups. For those participants who have other mental health needs, case management and integrated mental health services are available to link them to mental health treatment.

Credentials:

Licensed Chemical Dependency Counselor (LCDC), Licensed Professional Counselor (LPC), and Counselor Interns

Fees:

No fees if medically indigent; Medicaid accepted

C.O.P.S.D. Program

(Co-occurring Psychiatric and Substance Use Disorders)

1702 Hendricks Ave., Laredo, TX 78040

Contact: Brenda Rodriguez, LCDC
Program Director
Office: 956-568-7105
Website: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Provides adjunct services to clients with co-occurring psychiatric and substance use disorders (COPSD). Individual counseling and a strong case management component is utilized on an outpatient basis with clients as they concurrently receive services in mental health and substance abuse treatment.

Credentials:

Licensed Chemical Dependency Counselor (LCDC) and Counselor Interns

Fees:

None

SCAN's Substance Abuse Prevention Services:**Alcohol Education Program for Minors (Minor in Possession)**

1702 Hendricks Ave., Laredo, TX 78041

Contact: Nidia Perez-Gonzalez

Office: 956.568-7105

Website: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Six hours of Texas Department of State Health Services-Offender Education approved education for minors that are convicted of purchasing, possessing, or consuming alcoholic beverages. All minors referred to the program must attend a registration session with an MIP Instructor prior to attending classes.

Credentials:

State approved instructors

Fees:

\$35

Futuros Con Promesa (Futures with Promise) Drug Prevention Program

1702 Hendricks Ave., Laredo, TX 78040

Contact: Dora Maria Ramirez, MS, LCDC, CPS
Office: 956.568-7105
Website: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

The Futuros Con Promesa Program uses a variety of evidence-based prevention activities to prevent or reduce substance abuse and the transmission of HIV and viral hepatitis infection among Hispanic youth (13-17 years of age) and young adults (18-24 years of age) residing in Webb Co. Services include curriculum-based drug prevention education, rapid HIV and hepatitis C testing and counseling, drug prevention counseling, and case management. Services are provided online by Zoom, over the phone, and in-person.

Credentials:

Specially trained staff under the direction of an LCDC

Fees:

None

Futuros Positivos (Positive Futures) Drug Prevention Program

1702 Hendricks Ave., Laredo TX 78040

Contact: Dora Maria Ramirez, MS, LCDC, CPS
Office: 956.568-7105, ext.121
Website: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

The program provides evidence-based drug prevention services to youth 11 to 17 years of age. The foundation of the program is the delivery of the Positive Action

Curriculum to youth. Other services include referrals to other services and follow-up, and case management. Services are provided online by Zoom, over the phone, and in-person.

Credentials:

Specially trained staff under the direction of an LCDC

Fees:

None

Futuros Saludables (Healthy Futures) Drug Prevention Program

1702 Hendricks Ave., Laredo, TX 78040

Contact: Dora Maria Ramirez, MS, LCDC, CPS

Office: 956.568-7105, ext.121

Website: www.scan-inc.org

Office Hours:

Mon-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Provides comprehensive drug prevention services for children in grades 1st -12th identified as being in at-risk situations for involvement in alcohol, tobacco, and other drug use in Webb County. This program utilizes an evidence-based curriculums called Kids' Connection and Youth Connection. Services are provided online by Zoom, over the phone, and in-person.

Credentials:

Specially trained staff members under the direction of an LCDC

Fees:

None

South Texas Prevention Navigation Program

1605 Saldana Ave., Laredo, TX 78041

Contact: Melissa M. Ramirez, CPS

Office: 956.724.3177

Office Hours

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

The South Texas Prevention Navigation Program uses a variety of evidence based prevention activities to prevent or reduce substance abuse and the transmission of HIV and viral hepatitis infection among at-risk and high-risk Hispanic youth (13-17 years of age and young adults (18-24 years of age) – especially males- residing in Webb, Zapata, and Starr Co. Services include curriculum-based drug prevention education, rapid HIV and hepatitis C testing and counseling, drug prevention counseling, and case management.

Credentials:

Specially trained staff under the direction of a CPS

Fees:

None

SCAN's Substance Abuse Intervention Services:

Family and Youth Success (FAYS) Program

1702 Hendricks Ave., Laredo, TX 78040

Contact: Michelle Saldana
Program Director

Office: 956-568-7105, ext.123

Website: www.scan-inc.org

Office Hours

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Provides support for families experiencing family conflict and everyday struggles while promoting strong families and youth resilience. Eligible participants include youth between 6-17 and their caregivers. FAYS offers one-on-one coaching or counseling with a trained professional and group-based learning for youth and parents. FAYS program also operates a 24-hour hotline for families having urgent needs.

Credentials:

Specially trained staff

Fees:

None

Project HOPES

1605 Saldana Ave., Laredo, TX 78041

Contact: Sandra Contreras, DPC, LPC
Program Director

Office: 956.724.3177

Website: www.scan-inc.org

Office Hours

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Project HOPES (Healthy Outcomes through Prevention and Early Support) is an evidence-based prevention program designed to increase protective factors in families, with children 0-5 years of age, who are considered at risk for child abuse and neglect.

Credentials:

Specially trained staff under the direction of an LPC

Fees:

None

SCAN's Trauma and Resilience Programs:

Sexual Assault Services & Information Program

1702 Hendricks Ave., Laredo, TX 78040

Contact: Sylvia Flores,
Program Director

Office: 956-568-7105

Website: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Provides trauma-informed, victim centered advocacy, 24-hour crisis intervention, and emotional support to survivors of sexual assault, abuse and harassment of all ages. Presentations focusing on prevention and risk reduction of sexual violence are available upon request.

Credentials:

Specially trained staff

Fees:

No cost

Arco Iris Transitional Living Program (TLP) for Homeless Youth

1517 Washington St., Laredo, TX 78040

Contact: Cindy Vazquez,
Program Coordinator
Office: 956.568.0269
Website: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Provides males and females between 18–21 years of age that do not have a permanent and safe place to live with the opportunity to develop their abilities to lead healthy, drug-free, and independent lives. Participants receive a stable living environment, food, life skills training including drug prevention education, and numerous support services.

Credentials:

Specially trained staff

Fees:

No cost

Border Traumatic Stress Response Center

1605 Saldana Ave., Laredo, TX 78041

Contact: Dr. Susana Rivera, LPC
Program Director

Office: 956.724.3177

Website: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Provides evidence-based trauma-focused counseling services to youth between the ages of 3 and 17 that have experienced or witnessed a traumatic event.

Credentials:

Licensed Professional Counselors; Licensed Professional Counselor Interns

Fees:

No cost

Border Project LAUNCH

1605 Saldana Ave., Laredo, TX 78041

Contact: Dr. Susana Rivera, LPC
Program Director

Office: 956.724.3177

Website: www.scan-inc.org

Office Hours: Mon-Fri 8:30am – 5:30 pm

Service Provided: Home-based parenting skills training for caregivers of children under the age of 5 who want to learn more about parent-child interaction, health and safety; office-based parenting skills for children under the age of 8 who are struggling with behavioral issues; parenting groups for caregivers of children under the age of 12 who want to learn how to manage children's issues.

Credentials: Licensed Professional Counselors; Licensed Professional Counselor Interns

Fees: No cost

SCAN's Recovery Support Services:

Youth Recovery Community Services (YRCS) Program

2100 Corpus Christi, Suite 2, Laredo, TX 78040

Contact: Jessica Paez, LPC, LCDC
Program Director

Office: 956.724.3177

Website: www.scan-inc.org

Office Hours:

Mon.-Fri. 11:00 a.m.-8:00 p.m.

Services Provided:

Peer-to-peer recovery support services to individuals between the ages of 13-21 with a history of substance use disorders, including those with co-occurring mental health disorders, who are in or seeking recovery. Youth and young adults that have received treatment services, are currently receiving treatment services, and those that have never received treatment services are encouraged to participate in services. Primary services include case management; problem identification and referrals; social supports for recovery including emotional, informational, instrumental, and affiliation activities; and community service projects.

Credentials:

Individuals in recovery provide all services

Fees:

None

Todo es Posible Recovery Support Services (RSS) Program

1303 Seymour, Laredo, TX 78040

Contact: Clara Gutierrez, LCDC
Program Director

Office: 956-568-6227

Website: www.scan-inc.org

Office Hours:

Mon.-Fri. 8:30am – 5:30pm.

Services Provided:

Peer-to-peer recovery support services to individuals with a history of using and misusing opioids and individuals who have an opioid use disorder (OUD) along with their family members, significant others, and supportive allies. Individuals that have received treatment services, are currently receiving treatment services, and those that have never received treatment services are encouraged to participate in services. Primary services include case management; problem identification and referrals; social supports for recovery including emotional, informational, instrumental, and affiliation activities; and community service projects.

Credentials:

Individuals in recovery provide all services

Fees:

None

TWELVE (12) STEP PROGRAMS

AA GRATITUDE GROUP

4120 San Bernardo Ave., Ste. 6, Laredo, TX 78041

Contact: 956.722.9001 or
Cell: 956.206.0625

Hours:

Mon.-Sat. 12:00 noon; Sunday 10:00 a.m. (Open Meetings)

Mon.-Fri. 6:30 p.m.-7:30 p.m. (Spanish-Closed Meetings)

Sat.10:00am (Spanish-Closed Meeting)

Sun.11:00am (Spanish-Closed Meeting)

Services Provided:

Open meetings; disabled access.

Fees:

None

AA GRUPO 17 DE FEBRERO

1502 Laredo St. Ste. 4, Laredo, TX 78041

Contact: Roberto Calderon
Cell: 956.231.6808

Hours:

Mon.-Sat. 8:00 p.m.-10:00 p.m.

Services Provided:

Group meetings, Open meetings in English and Spanish, disabled access.

Fees:

None

AA GRUPO DOS LAREDOS

216 N. Zapata Hwy, Ste. 17, Laredo, TX 78046

Contact: Ricardo Garza
956.635.7937

Hours:

Mon.-Sat. 8:00 p.m.-10:00 p.m. (Spanish)

Services Provided:

Group Meetings

Fees:

None

AA GRUPO NUEVA VIDA

818 Gonzalez St., Laredo, TX 78040

Contact: 956.568.6263

Hours:

Mon.-Sun. 8:00 p.m.-10:00 p.m.

Sunday Morning 10:00 a.m.-12:00 p.m.

Services Provided:

Open group meetings in Spanish; disabled access.

Fees:

None

AL-ANON SERENITY GROUP

4120 San Bernardo Ave., Ste. 4, Laredo, TX 78041

Contact: 956.337.4805 (Myrthala)

Hours:

Mon., Wed., Fri. 8:00 p.m.-9:00 p.m. (bilingual)

Tues. & Thurs. 12:00 p.m.-1:00 p.m. (bilingual)

*Online meetings at present time, due to COVID-19 restrictions. Contact Myrthala for daily website for meeting.

Services Provided:

Open meetings

Fees:

None

COCAINE ANONYMOUS

6103 North McPherson Rd, Laredo, TX 78045

Contact: 1-800-347-8998

Hours:

Mon., Tues., Thurs., Fri. & Sat.

7:00 p.m.-8:00 p.m. (Bilingual)

Services Provided:

Open meetings; disabled access

Fees:

None

Primary Purpose CA Group

6202 McPherson Rd. Ste 2

Hours:

Mon.-Sun. 7:00pm-8:00pm (CA group)

Mon.-Fri. 12:00pm-1:00pm (AA group)

Sun. 8:00pm-9:00pm (Warriors Anonymous for PD and Veterans)

Services Provided:

Open meetings

Fees:

None

OASIS OF LOVE-DRUG & ALCOHOL SUPPORT GROUP

2103 Reynolds St., Laredo, TX 78040

Phone: 1-866-306-8073

Hours:

Sun. 9:00 a.m.-10:00 a.m.

Wed. 7:00 p.m.-8:00 p.m.

Mon.-Fri.-by appointment only

Services Provided:

Open meetings

Fees:

None

OTHER COUNSELING AND SUPPORT SERVICES

WEBB COUNTY SHERIFF'S OFFICE/COMMUNITY AFFAIRS DIVISION

Drug Abuse Resistance Education (D.A.R.E.) (Elementary Schools) Gang

Resistance Education and Training (G.R.E.A.T.) (Middle Schools)

902 Victoria St., Laredo, TX 78040

Contact: Lt. Rudy Valdez

Office: 956.523.4530

956.523.4517

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Forges partnerships with law enforcement and school districts to educate elementary and middle school children about the harmful effects of drugs and gangs and how to resist them.

Credentials:

Webb County Sheriff's Deputies

Fees:

None

WEBB COUNTY COMMUNITY COALITION

1702 Hendricks Ave., Laredo, TX 78040

Contact: Veronica Jimenez

Program Director

Office: 956-568-7105

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Organizes, educates, and implements activities that empower citizens to take action to prevent substance use and abuse among community youth and adults. Provides drug prevention presentations to youth and adults.

Credentials:

Certified Prevention Specialist

Fees:

None

FAITH BASED

CALVARY CENTER

102 E. Lyon St., Laredo, TX 78040

Contact: Pastor Juan Garza

Office: 956.723.1972

Crisis/after hours: same

Office Hours:

Mon.-Fri. Open 24 hours daily

Services Provided:

Drug and alcohol counseling

Fees:

None

Ages:

17yrs +

HIGH SCHOOLS & UNIVERSITIES

LAREDO INDEPENDENT SCHOOL DISTRICT (LISD)

904 Juarez Ave., Laredo TX 78040

Contact: Rosina M. Silva

Director of Guidance &
Counseling/At Risk Population

Office: 956.273.1263

E-mail: rsilva@laredoisd.org

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Drug and alcohol prevention presentations to any LISD school or community event

Credentials:

Licensed Chemical Dependency Counselor (LCDC) at each LISD Middle & High School campus.

Fees:

None (Service available for LISD Students only)

TEXAS A&M INTERNATIONAL UNIVERSITY (TAMIU)

Student Counseling Services

5201 University Blvd., Student Center Room 128, Laredo, TX 78041

Contact: Dr. Guillermo Gonzalez

Office: 956.326.2230

E-mail: guillermo.gonzalez@tamiu.edu

Crisis/After Hours: 956.326.2911

(Campus Police)

Office Hours:

Mon.-Thurs. 8:00 a.m.-5:00 p.m.

Fri. 8:00 a.m.-3:00 p.m./3:00 p.m.-5:00 p.m. Emergencies/crisis only

Services Provided:

Individual, group, family and couples counseling; referral services; wellness fairs; presentations; alcohol screenings, and outreach services.

Credentials:

Licensed Professional Counselor; Licensed Professional Counselor Intern

Fees:

Free to students enrolled at TAMIU only

Free to students registered at TAMIU only

UNITED INDEPENDENT SCHOOL DISTRICT (UISD)

Education, Prevention, Intervention Counseling (EPIC)

4410 State Hwy. 359, Laredo, TX 78043

Contact: Melissa Chapa Ramirez, Director
Of Guidance & Counseling

Office: 956.473.5248
Fax: 956.473.2098
E-mail: melissacr@uisd.net

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Drug and alcohol prevention presentations to any UISD school or community event.

Credentials:

Licensed Chemical Dependency Counselors (LCDC) at each UISD High School Campus and S.T.E.P. Academy

Fees:

None

MISCELLANEOUS PROGRAMS

BETHANY HOUSE OF LAREDO

817 Hidalgo, Laredo, TX 78040

Office: 956.722-4152
Email: info@bethanyhouseoflaredo.org
Web Site: www.bethanyhouseoflaredo.org

Office Hours:

Mon.-Fri. 9:00 a.m.-5:00 p.m.

Services Provided:

Transitional housing, male and female shelter, laundry facilities, educational center for children and adults, on-site meals, homebound meals, kid's café, street corner meals, food pantry.

Fees:

None

BORDER REGION BEHAVIORAL HEALTH CENTER

1500 Pappas, Laredo, TX 78041

Office: 956.794-3000

Web Site: www.borderregion.org

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Adult mental health, children's mental health, intellectual and developmental disabilities program.

CASA DE MISERICORDIA

Address Unlisted

Office: 956.712-9591

Web Site: www.casademisericordia.org

Office Hours:

N/A

Services Provided:

Emergency shelter, counseling and support groups to victims of domestic violence, legal, child and other type of advocacy and intervention services.

Fees:

None

CATHOLIC SOCIAL SERVICES

1919 Cedar Ave., Laredo, TX, 78040

Office: 956.722-2443

Web Site:

www.needhelppayingbills.com

Office Hours:

Mon.-Fri., 9:00 a.m. - 5:00 p.m.

Services Provided:

Rent assistance, eviction prevention, homeless programs, debt assistance, immigration services, and adoption help.

Fees:

None

CHRIST CHURCH EPISCOPAL

2320 Lane, Laredo, TX, 78043

Office: 956.723-5714
Email: cclaredo@bizlaredo.rr.com
Web Site: www.christchurchlaredo.org

Office Hours:

Wednesday's, 8:30 a.m. & 1:00 p.m.

Services Provided:

Food distribution

Fees:

None

CITY OF LAREDO HEALTH DEPARTMENT

2600 Cedar Street, Laredo, TX 78044

Office: 956.795-4901
Web Site: www.ci.laredo.tx.us

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Dental clinic, environmental health services, food management, hypertension and diabetes screening, maternal and child health services, tuberculosis screening and treatment, HIV/AIDS/STD's services, immunizations, pharmacy, WIC services, health education.

Fees:

Varies by service

CITY OF LAREDO PUBLIC LIBRARY

1120 E. Calton Rd., Laredo, TX 78041

Office: 956.795-2400
Web Site: www.laredolibrary.org

Office Hours:

Mon.-Sat. 9:00 a.m.-6:00 p.m.

Sun. 1:00 p.m.-5:00 p.m.

Services Provided:

Library cards and services, e-books, computer and internet access.

COMMUNITIES IN SCHOOLS

2114 E. Saunders, Laredo, TX 78041

Contact: Rosaura Rodriguez
Office: 956.791-2199
Web Site: www.cislaredo.org

Office Hours:

Mon.-Fri. 8:30 a.m.-5:30 p.m.

Services Provided:

Tutoring, homework support, after school activities, college readiness, job and career preparation, support to address personal issues.

Credentials:

List

Fees:

None

GATEWAY ACADEMY - SIERRA VISTA CHARTER HIGH SCHOOL

4620 South Lucy Ave, Laredo, TX 78046

Office: 956.723-0345
Contact person: Martha Delgado
Email: Martha.delgado@sapicsc.org
Web Site: www.gwasiterravista.org

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Public school to earn diploma, peer tutoring, group learning, direct instruction, and emotional support by guidance counselors.

Fees:

None

GATEWAY ACADEMY - TOWNLAKE CHARTER HIGH SCHOOL

1230 Townlake Drive, Laredo, TX 78041

Office: 956.722-0747
Contact person: Ray Gonzalez

email: ray.gonzalez@sapics.org
Web Site: www.gwatownlake.org

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Public school to earn diploma, peer tutoring, group learning, direct instruction, emotional support by guidance counselors.

Fees:

None

GATEWAY COMMUNITY HEALTH CENTER

1515 Pappas, Laredo, TX, 78041

Office: 956.795-8100

Web Site: www.gatewaychc.com

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Women's health, pediatrics, oral health services, specialty care services, adult care services, support services, pharmacy, behavioral health, health education.

Fees:

Medicaid, lower out-of-pocket fees

GOODWILL INDUSTRIES

5901 San Dario Ave., Laredo, TX 78041

Office: 956.791-3200

Web Site: www.goodwill.org

Office Hours:

Mon.-Fri. 9:00 a.m.-9:00 p.m.

Services Provided:

Educational programs, career building, job preparation, job placement, veteran's resources, mentoring programs.

Fees:

None

MERCY MINISTRIES OF LAREDO

2500 Zacatecas Street, Laredo, TX, 78046

Office: 956.718-6810

Web Site:

www.mercy.net/practice/mercy-ministries-of-laredo/mercy-ministries-of-laredo-mercy-clinic-services

Office Hours:

Mon.-Fri., 8:00 a.m. - 5:00 p.m.

Services Provided:

Advocacy, adult dental care, cancer program, diabetes center general medicine, health education, medication assistance, mobile clinic, outreach and education, social services, and women's health services.

Fees:

Services are provided to the uninsured.

PREMIER HIGH SCHOOL OF LAREDO

2201 Chihuahua Street, Laredo, TX 78043

Office: 956.723-7788

Web Site:

www.premierhighschools.com

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Public school to earn diploma, credit recovery, dual credit courses, accelerated learning for early graduation.

Fees:

None

SALVATION ARMY

408 Matamoros Street, Laredo, TX, 78040

Office: 956.723-2349

Contact person: Leonel Ortiz

Email:

leonel.ortiz@uss.salvationarmy.org

Web Site: www.salvationarmy.org

Services Provided:

Disaster services, emergency financial assistance, emergency shelter, food and nutrition programs

Fees:

None

WORKFORCE SOLUTIONS OF SOUTH TEXAS

1406 Jacaman Rd., Suite A, Laredo, TX 78041

Office: 956.794-6500

Web Site:

www.southtexasworkforce.org

Office Hours:

Mon.-Fri. 8:00 a.m.-5:00 p.m.

Services Provided:

Job training, workplace education, child care and educational programs.

Fees:

None

Youth Recovery Community Services (YRCS) Program

2100 Corpus Christi St., Suite 2
Laredo, Texas 78040
Phone (210)390-9380

Todo es Posible Recovery Support Services (RSS) Program

1303 Seymour
Laredo, Texas 78040
Phone: (956)568-6227

www.scan-inc.org



Our Passion is Helping People